



KINGSTON KOBUDO KARATE CHAMPIONSHIPS



FEBRUARY 7TH, 2026

At the Ambassador Event Centre

- Kata, Weapons, Team Kata divisions
- Double elimination sparring divisions
- Special weapons divisions bo, sai, & more

SCHEDULE // AGES 13 +

CHECK IN STARTS @ 10:30AM

TOURNAMENT LINE UP @ 10:45AM



Limited Capacity

Register before January 31st to avoid disappointment! At-the-door registration is not guaranteed.

TO REGISTER:

REGISTRATION FORM SUBMISSION OPTIONS:

- a. Drop off completed registration forms to Tallack Martial Arts facility.
- b. Email picture/ copy of completed forms to npmacanada@gmail.com

PAYMENT OPTIONS:

- a. E-Transfer event fees to npmacanada@gmail.com

-----INCLUDE IN MESSAGE: (Participant's Name) KKKC 2026

- b. Event fee by **Cheque to NPMA Canada** submitted with registration form

**TALLACK MARTIAL ARTS**

Home of Tallack's Karate Kids Program

2777 Princess Street
Kingston, ON, K7P 2W9
613-634-9277tallackmartialarts@hotmail.com
www.kingstonkarate.com**KINGSTON KOBUDO
KARATE CHAMPIONSHIPS****Registration Forms 1/2****PARTICIPANT INFO:**

Participant's Name: _____ Age: _____

Affiliation or Dojo: _____

Total time Training in any Martial Art: _____ Belt Colour/ rank: _____

Guardian's Name + Phone Number and/ or emergency contact: _____

Email: _____

(Email Address is used to provide Event Updates)

ACTIVITY & PAYMENT SELECTION (CHECK BOXES BELOW):**Boardbreaking station**

The Board Breaking a first-come, first-serve, with a limited number of boards available. \$10 to break one board and \$20 to break 3 boards

Division Entries

Check the boxes of the divisions you would like to enter competition for.

Sparring

Sparring for ages 13+ will be Double elimination. 2 chances to win!

- Karate Kata Division
- Sparring Division
- Renzo Yakusoku Division
- Team Kata Division (3)
- Self Defence Division
- Kung Fu Form Division

- Open Kobudo Division
- Sai Forms Division
- Bo Forms Division
- Bo Vs Sai Division
- Bo Vs Bo Division
- Kung Fu Weaponry

Price List & Packages**COMPLETE PACKAGE | \$69**

- Includes Event Shirt & any Division Entries

2 DIVISION ENTRIES | \$59

- 13 years & over
- Includes Event Shirt & Two Division Entries

SPECTATORS | \$5

Each youth event participant is entitled to bring one adult spectator free of charge. Additional adult spectators accompanying the youth participant will be required to pay a \$5 fee..

sizes: S M L XL

Shirt Size

Event Shirts

Event shirts are \$25 at the door. Event shirt is included with registration before January 31st.

PAYMENT INFO: **Cheque**

To NPMA Canada,
submitted with registration forms

 At the door

Card or cash will be accepted

 E-Transfer

to npmacanada@gmail.com w/ message:
(Participant's Name) KKKC 2026
ex. JaneSmithKKKC2026

Refunds will not be available after January 31st.

Your Total (\$)

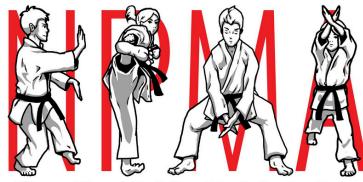


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**KINGSTON KOBUDO
KARATE CHAMPIONSHIPS**

Registration Forms 2/2

EVENT WAIVER:

I realize that martial arts can be a potentially dangerous activity and I accept all risks and responsibilities for my participation in this event, including but not limited to my training area, safety, and self-monitored training intensity level.

INITIALS

I am aware of the contagious nature of COVID-19 and the risk that any participant may be exposed to or contract COVID-19. These risks may result from or be compounded by the actions, omissions, or negligence of others of whom I might interact with on the premises. While the event and premises have implemented preventative measures to reduce the spread of COVID-19, they cannot guarantee that participants will not become exposed to or be infected by COVID-19. It is up to myself and each and every individual to monitor for symptoms and to report any confirmed results to event or facility staff.

INITIALS

I hereby release Ken Tallack, Melanie Adam, Dominique Picard, 1622390 Ontario Inc., Tallack Martial Arts, Tallack's Karate Kids, Dai Nippon Butoku Kai, Non-Profit Martial Arts Inc., Kingston City Karate Championships, Kingston Kobudo Karate Championships, Summer Training Festival, Ambassador Event Centre, their agents, and everyone else involved with this event including students, instructors, hosts, volunteers, other participants, and any other concerned parties from any liability for any damages or loss that may arise from my participation in this event.

INITIALS

I agree to follow the rules of this event, and I accept that the host's decisions in all interpretations of the layout, structure, and operation of the event are final and binding. I agree that the event coordinator and organizing agencies named below may use any likeness, image, photograph, or video of anyone including me participating in the event for the future promotion of the Kingston City Karate Championships, Kingston Kobudo Karate Championships, Summer Training Festival, Tallack's Karate Kids Program, Non-Profit Martial Arts Inc., and Tallack Martial Arts.

INITIALS

Participant Name: _____

Participant Signature: _____

Guardian's Name: _____ *If Participant is < 18 y/o*

Guardian's Signature: _____ *If Participant is < 18 y/o*

Date: _____ *(Month/ Day/ Year)*

KINGSTON KARATE KOBUDO CHAMPIONSHIPS



TOURNAMENT & EVENT RULES



BEGINNER & KARATE KID PROGRAM DIVISION GUIDELINES

- Beginner & Karate Kid Program
Students will gather at 9:45 am and go with their instructors to the presentation area.
- Each Beginner & Karate Kid Program Student will be called to present a set of karate techniques of their choosing, punching, kicks, etc.
- A coach will assist each participant as needed
- Please wait patiently for your turn.
- Watch the other participants and learn from them
- Please let the coach know if the participant needs to leave for any reason

EACH MATTED TRAINING AREA IS 8 X 8M OF MATS CALLED A RING.

DIVISIONS MUST BE STRUCTURED BY LEVEL/ EXPERIENCE, AGE, WEIGHT/HEIGHT AND GENDER FOR FAIR PLAY AND INJURY PREVENTION.

PARTICIPANTS ARE JUDGED ON TECHNICAL AND ATHLETIC PERFORMANCE.

IN SPARRING EVENTS, EACH MATTED TRAINING AREA WILL HAVE 1 REFEREE, 2 OR 4 CORNER JUDGES, AND 1 OR 2 SCORE KEEPERS.

FOR SPARRING, COMPETITORS ARE REQUIRED TO WEAR MOUTH GUARDS, FOAM DIPPED HELMET, GLOVES, AND BOOTS. NO JEWELRY OR WATCHES ARE PERMITTED.

NO CONTACT FOR COMPETITORS AGED 14 AND BELOW OR BEGINNERS/INTERMEDIATES OF ANY AGE.

LIGHT TOUCH BODY CONTACT FOR 14-YEAR-OLD+ ADVANCED COMPETITORS IS PERMITTED. LIGHT TOUCH TO THE HELMET IS REQUIRED.

NO CONTACT BELOW THE BELT OR THE FACE WHERE THE HELMET DOES NOT COVER.

SCORES ARE AWARDED FOR DISTANCE, TIMING, TARGETING, KIME/FOCUS, STANCES.

PROHIBITED BEHAVIOUR - EXCESSIVE CONTACT, POOR SPORTSMANSHIP RESULTS IN DISQUALIFICATION.

ALL COMPETITORS AND THEIR GUARDIANS ARE RESPONSIBLE FOR SEEKING CLARIFICATION FROM THEIR COACH ABOUT ANY RULES THAT ARE IN THE ABOVE OR LATER ADDED AS REQUIRED.

OUT OF PROVINCE COMPETITION REGISTRANTS MUST PROVIDE VERIFICATION OF INSURANCE COVERAGE FROM THEIR SPECIFIC CLUB/ASSOCIATION PRIOR TO COMPETING.

ALL ATHLETES COMPETING MUST COMPLETE THE APPROPRIATE WAIVER FORM & BY COMPLETING THE FORM, ATHLETES TAKE FULL RESPONSIBILITY AND CERTIFY THEY ARE FIT TO COMPETE.

COMPETITION AREA MUST BE UNOBSTRUCTED BY SPECTATORS, COMPETITORS, JUDGES/REFEREES AND COACHES.

IN THE EVENT OF A SERIOUS ACCIDENT/INJURY, THE TOURNAMENT MEDICAL PERSONNEL MUST FILE A COPY OF THEIR INJURY REPORT WITHIN SEVEN (7) DAYS OF TOURNAMENT COMPLETION.

BOARD BREAKING GUIDELINES

- Participants will take turns hitting to break a board with a karate technique with either hand or foot.
- Karate instructors will coach each participant on how to hit the board and which karate technique that would be most suitable for the participant.
- Participants or their guardians must inform the karate instructors of any injuries.
- Tallack Martial Arts Students have learned the moves in class, this is a chance to exert force.